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## Boosting Emotional Resilience in Educators Through STEM Challenges

Educators will boost their emotional resilience during this engaging and impactful session as they undertake a wide-array of fun and challenging STEM challenges with their peers.

## Learning Objectives

- Learn how to use STEM challenges to boost resiliency.
- Participate in STEM challenges with peers to strengthen emotional resiliency, perservance, build community, appreciation,

self-discovery, and nurture positive views of oneself.

Learn how STEM education stresses the value of failure as a learning exercise, which enables one to embrace mistakes as part of the teaching & learning process.